

رمضان مبارك

RAMADAN 1447 HIJRI, 2026

DAGENHAM UMMAH WELFARE EDUCATION & CULTURAL CENTRE

Three Stages	Day	Ramadan	Feb/Mar	Sehri Ends	Subha Sadiq	Fajr Jama'ah	Sunrise	Zuhr Jama'ah	Asr Jama'ah	Iftar / Sunset	Maghrib Jama'ah	Teraweeh
R A M A D A N	Tue	*	17	05:26	05:30	05:40	07:10	01:15	03:45	05:22	05:32	07:30
	Wed	1	18	05:24	05:28	05:38	07:08	01:15	03:45	05:24	05:34	07:30
	Thu	2	19	05:22	05:26	05:36	07:06	01:15	03:45	05:26	05:36	07:30
	Fri	3	20	05:20	05:24	05:34	07:04	01:15	03:55	05:27	05:37	07:30
	Sat	4	21	05:18	05:22	05:32	07:02	01:15	03:55	05:29	05:39	07:30
	Sun	5	22	05:16	05:20	05:30	07:00	01:15	03:55	05:31	05:41	07:30
	Mon	6	23	05:14	05:18	05:28	06:58	01:15	03:55	05:33	05:43	07:30
	Tue	7	24	05:11	05:15	05:25	06:55	01:15	03:55	05:35	05:45	07:30
	Wed	8	25	05:09	05:13	05:23	06:53	01:15	03:55	05:36	05:46	07:30
	Thu	9	26	05:07	05:11	05:21	06:51	01:15	03:55	05:38	05:48	07:30
M A G F I R A T	Fri	10	27	05:05	05:09	05:19	06:49	01:15	04:10	05:40	05:50	07:30
	Sat	11	28	05:03	05:07	05:17	06:47	01:15	04:10	05:42	05:52	07:45
	Sun	12	1	05:01	05:05	05:15	06:45	01:15	04:10	05:44	05:54	07:45
	Mon	13	2	04:59	05:03	05:13	06:43	01:15	04:10	05:45	05:55	07:45
	Tue	14	3	04:56	05:00	05:10	06:40	01:15	04:10	05:47	05:57	07:45
	Wed	15	4	04:54	04:58	05:08	06:38	01:15	04:10	05:49	05:59	07:45
	Thu	16	5	04:52	04:56	05:06	06:36	01:15	04:10	05:51	06:01	07:45
	Fri	17	6	04:50	04:54	05:04	06:34	01:15	04:15	05:52	06:02	07:45
	Sat	18	7	04:48	04:52	05:02	06:32	01:15	04:15	05:54	06:04	07:45
	Sun	19	8	04:45	04:49	04:59	06:29	01:15	04:15	05:56	06:06	07:45
N A J A T	Mon	20	9	04:43	04:47	04:57	06:27	01:15	04:15	05:58	06:08	07:45
	Tue	21	10	04:41	04:45	04:55	06:25	01:15	04:15	05:59	06:09	08:00
	Wed	22	11	04:39	04:43	04:53	06:23	01:15	04:15	06:01	06:11	08:00
	Thu	23	12	04:37	04:41	04:51	06:21	01:15	04:15	06:03	06:13	08:00
	Fri	24	13	04:34	04:38	04:48	06:18	01:15	04:25	06:05	06:15	08:00
	Sat	25	14	04:32	04:36	04:46	06:16	01:15	04:25	06:06	06:16	08:00
	Sun	26	15	04:30	04:34	04:44	06:14	01:15	04:25	06:08	06:18	08:00
	Mon	27	16	04:27	04:31	04:41	06:11	01:15	04:25	06:10	06:20	08:00
	Tue	28	17	04:25	04:29	04:39	06:09	01:15	04:25	06:11	06:21	08:00
	Wed	29	18	04:23	04:27	04:37	06:07	01:15	04:25	06:13	06:23	08:00
	Thu	30	19	04:21	04:25	04:35	06:05	01:15	04:25	06:15	06:25	08:00

Madrasa

Teens Madrasa (Boys: Thursday & Friday)
Teens Madrasa (Girls: Friday & Saturday)
Adult Arabic: Friday

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Why Fast?

"O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous." [Surah al-Baqarah: 183]

What is Taqwa?

The famous student of Ibn 'Abbaas, Mujahid ibn Jabr, defined Taqwa as: "It is that you obey Allah so that He is never disobeyed, and you are conscious of Him so that He is never forgotten, and that you thank Him so that He is never shown ingratitude."

Fasting and Taqwa

Prophet صلى الله عليه وسلم said: "Whoever does not give up lying, forged speech and evil actions, Allah is not in need of his leaving his food and drink." [Sahih al-Bukhari]

Hellfire is locked and the gates of Paradise are opened

The Prophet صلى الله عليه وسلم said: "When Ramadan comes, the gates of Paradise are opened and the gates of the Fire are closed and the devils are chained..." [Sahih al-Bukhari]

Sins are forgiven

The Prophet صلى الله عليه وسلم said: "Whoever fasts during Ramadan out of sincere faith and hoping to attain Allah's rewards, then all his past sins will be forgiven." [Sahih al-Bukhari]

Lailatul Qadr

The Prophet صلى الله عليه وسلم said: "Indeed the month of Ramadan has come upon you, a month of blessings, in which Allah has obligated fasting on you. In it the gates of Paradise are opened and the gates of Hellfire are closed, and the devils are chained. In it is a night that is better than a 1000 months, the one who is deprived of its goodness is indeed deprived." [Musnad Ahmad]



During Ramadan

Fast

The Prophet ﷺ said: "Whoever fasts during Ramadan out of sincere faith and hoping to attain Allah's rewards, then all his past sins will be forgiven." [Sahih al-Bukhari]

Adopt Taqwa

The Prophet ﷺ said: "Fasting is a shield, therefore whoever is fasting should not resort to obscene language and immoral behaviour. If any person quarrels or abuses a person who is fasting, then the one who is fasting should say: 'I am fasting.'" [Sahih al-Bukhari]

Suhoor

The Prophet ﷺ said: "Take the Suhoor, for there is in it blessing." [Sahih al-Bukhari]

Iftaar

The Prophet ﷺ said: "My Ummah will continue to be upon good for as long as they hasten to break the fast and delay the pre-dawn meal." [Sahih al-Bukhari]

Salah

The Prophet ﷺ said: "Whoever stands in prayer in Ramadan (night prayers) with Imaan and seeking reward (from Allah), his past sins will be forgiven." [Sahih al-Bukhari]

Sadaqah

Ibn 'Abbaas رضي الله عنه said: "The Prophet ﷺ was the most generous of people, but he would be his most generous during Ramadan when he would meet with the Angel Jibreel. He would meet with him every night and recite the Qur'an. When Jibreel met him, he used to be more generous than a fast wind." [Sahih al-Bukhari]

Du'a & Istighfar

'And in the hours before dawn they would ask forgiveness.' [Surah adh-Dhariyat:18]

The Prophet ﷺ said: "Supplications made by three people are not rejected: the father, the fasting person and the traveler." [Sunan al-Kubra al-Bayhaqi]

During Ramadan

Recitation of The Qur'an

The Prophet ﷺ said: "Whoever reads one letter of the Book of Allah will have one good deed for it, and each good deed is a tenfold reward. I do not say that Alif-Laam-Meem is a letter, rather Alif is a letter, Laam is a letter, Meem is a letter." [Sunan at-Tirmidhi]

Memorization of The Qur'an

The Prophet ﷺ said: "It will be said to the one who was devoted to the Qur'an: 'Recite and ascend; and recite carefully as you recited carefully when you were in the world, for verily your abode will be at the place of the last verse you recite.'" [Abu Dawud]

Pondering over The Qur'an

'[This is] a blessed Book which We have revealed to you, [O Muhammad], that they might reflect upon its verses and that those of understanding would be reminded.' [Surah Saad: 29]

Learning and teaching The Qur'an

The Prophet ﷺ said: "The best amongst you is the one who learns the Qur'an and teaches it." [Sahih al-Bukhari]

Last 10 Nights

The Prophet ﷺ said: "Whoever stands in prayer in Ramadan (night prayers) with Imaan and seeking reward (from Allah), his past sins will be forgiven." [Sahih al-Bukhari]

Seek Lailatul Qadr:

The Prophet ﷺ said: "Seek it (Lailatul Qadr) in the last (ten nights). If one among you shows slackness and weakness (in the earlier part of Ramadan), it should not be allowed to prevail upon him in the last week." [Sahih Muslim]

Reward:

Abu Hurairah رضي الله عنه narrated that the Prophet ﷺ said: "Whoever establishes prayers during the Night of Al-Qadr with sincere faith and hoping to attain Allah's rewards (not for showing off), all his past sins will be forgiven." [Sahih al-Bukhari]

Du'a in the last 10 nights:

Aa'isha رضي الله عنها said: "I asked the Messenger of Allah ﷺ: 'O Messenger of Allah ﷺ, if I find the night of Al-Qadr, what should I say?' He ﷺ said, say:

اَللّٰهُمَّ اِنَّا نَعُوْذُ بِكَ ، نَعُوْذُ بِكَ

"O Allah, You are the One Pardoning, You love to pardon, so pardon me." [Sunan at-Tirmidhi]

Avoid

Leave what displeases Allah

- Lying
- Cheating
- Deception
- Jealousy
- Arrogance
- False accusations
- Bad suppositions
- Backbiting
- Slander
- Harboring grudges
- Greed
- Selfishness
- Mocking and taunting
- Theft
- Arguments
- Screaming and shouting
- Ignoring others
- Excessive speech
- Not returning Salaam
- Always finding faults in others
- Harshness
- Hurting other people's feelings
- Pretension
- Judgmental attitude
- Borrowing & not returning things
- Laxity in personal hygiene
- Rejecting sound advice
- Interrupting others
- Not fulfilling responsibility
- Excessive Sleep
- Procrastination
- Always showing anger
- Interference in other people's personal matters

'And forbid what is wrong.'
[Surah Luqman: 17]

Virtues of Fasting

A shield

The Prophet ﷺ said: "Fasting is a shield with which a servant protects himself from the Fire." [Musnad Ahmad]

An intercession

The Prophet ﷺ said: "Fasting and the Qur'an are two intercessors for the servant of Allah on the Day of Resurrection. Fasting will say: 'O Lord, I prevented him from his food and desires during the day. Let me intercede for him.' The Qur'an will say: 'I prevented him from sleeping at night. Let me intercede for him.' And their intercession will be accepted." [Musnad Ahmad]

Ar-Rayyan is for the fasting people

The Prophet ﷺ said: "Indeed, there is a gate of Paradise called Ar-Rayyan. On the Day of Resurrection those who fast will enter through it; no one enters it except for them, and when they have entered, it is closed so that no one (else) enters it." [Sahih al-Bukhari]

A cause for entering Paradise

Abu Umamah رضي الله عنه reported: "I came to the Messenger of Allah ﷺ and said: 'Order me to perform a deed that will allow me to enter Paradise.' He said ﷺ: 'Stick to fasting, as there is no equivalent to it.'" [Sunan al-Nasaa'i]

An immense reward

The Prophet ﷺ said that Allah says: "Every good deed of the son of Adam is for him except for fasting; it is for Me; and I shall reward (the fasting person) for it." [Sahih al-Bukhari]

Gain Reward

Do what pleases Allah

- Patience
- Integrity
- Trustworthiness
- Open-heartedness
- Humility
- Speak well about people
- Forgive people
- Generosity
- Encourage & motivate to goodness
- Give charity
- Greet others with Salaam
- Gentleness
- Smile
- Take care of personal hygiene
- Give importance to others
- Show mercy
- Give good advice
- Make Du'a for others
- Accept your mistakes
- Do Istighfar
- Help others
- Take care of your parents
- Be cooperative
- Use time wisely
- Care about the environment
- Fulfill your duties
- Make Du'a
- Recite the Qur'an
- Offer your Salah on time
- Say the morning & evening supplications
- Feed others
- Busy your tongue in the Remembrance of Allah every opportunity you get!

'Race towards all that is good.'
[Surah al-Baqarah: 148]

2 Progress at Home

Spiritual & Self Awareness Skills

Age 5+

My Checklist

Name _____

Month _____

Activity	Details	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Quran Reading																																
Salah																																
Reading																																
Deen Time																																

The Prophet ﷺ said, "...the best deeds are those done regularly even if they are few."
IBN MAJAH



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Praying Together at Home

Spiritual & Self Awareness Skills

Age 5+

Family Jamat Times

	Fajr	Dhuh	Asr	Maghrib	Isha
Man					
Tue					
Wed					
Thu					
Fri					
Sat					
Sun					

Certainly, As-Salat (the prayer) has been assigned to the believers at fixed times.
Quran 4:103



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