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RAMADAN TIMETABLE

Dagenham Ummah Welfare Education & Cultural Centre

1446AH 2025

Three Stages	Day	Ramadan	March	Sehri Ends	Subha Sadiq	Fajr Jama'ah	Sunrise	Zuhr Jama'ah	Asr Jama'ah	Iftar / Sunset	Maghrib Jama'ah	Teraweeh
R A M A D A N	Sat	*	1	05:00	05:04	05:14	06:44	01:15	04:10	05:41	05:51	07:45
	Sun	1	2	04:58	05:02	05:12	06:42	01:15	04:10	05:43	05:53	07:45
	Mon	2	3	04:56	05:00	05:10	06:40	01:15	04:10	05:45	05:55	07:45
	Tues	3	4	04:54	04:58	05:08	06:38	01:15	04:10	05:46	05:56	07:45
	Wed	4	5	04:52	04:56	05:06	06:36	01:15	04:10	05:48	05:58	07:45
	Thur	5	6	04:49	04:53	05:03	06:33	01:15	04:10	05:50	06:00	07:45
	Fri	6	7	04:47	04:51	05:01	06:31	01:15	04:15	05:52	06:02	07:45
	Sat	7	8	04:45	04:49	04:59	06:29	01:15	04:15	05:53	06:03	07:45
	Sun	8	9	04:43	04:47	04:57	06:27	01:15	04:15	05:55	06:05	07:45
	Mon	9	10	04:41	04:44	04:54	06:24	01:15	04:15	05:57	06:07	08:00
Tues	10	11	04:38	04:42	04:52	06:22	01:15	04:15	05:58	06:08	08:00	
M A G H R I B	Wed	11	12	04:36	04:40	04:50	06:20	01:15	04:15	06:00	06:10	08:00
	Thur	12	13	04:34	04:38	04:48	06:18	01:15	04:15	06:02	06:12	08:00
	Fri	13	14	04:31	04:35	04:45	06:15	01:15	04:20	06:04	06:14	08:00
	Sat	14	15	04:29	04:33	04:43	06:13	01:15	04:20	06:05	06:15	08:00
	Sun	15	16	04:27	04:31	04:41	06:11	01:15	04:20	06:07	06:17	08:00
	Mon	16	17	04:25	04:29	04:39	06:09	01:15	04:20	06:09	06:19	08:00
	Tues	17	18	04:22	04:26	04:36	06:06	01:15	04:20	06:10	06:20	08:00
	Wed	18	19	04:20	04:24	04:34	06:04	01:15	04:20	06:12	06:22	08:00
	Thur	19	20	04:19	04:23	04:33	06:02	01:15	04:20	06:14	06:24	08:00
	Fri	20	21	04:17	04:21	04:31	06:00	01:15	04:35	06:16	06:26	08:15
N A J A T	Sat	21	22	04:15	04:19	04:29	05:57	01:15	04:35	06:17	06:27	08:15
	Sun	22	23	04:13	04:17	04:27	05:55	01:15	04:35	06:19	06:29	08:15
	Mon	23	24	04:11	04:15	04:25	05:53	01:15	04:35	06:21	06:31	08:15
	Tues	24	25	04:08	04:12	04:22	05:50	01:15	04:35	06:22	06:32	08:15
	Wed	25	26	04:07	04:11	04:21	05:48	01:15	04:35	06:24	06:34	08:15
	Thur	26	27	04:05	04:09	04:19	05:46	01:15	04:35	06:26	06:36	08:15
	Fri	27	28	04:04	04:08	04:18	05:44	01:30	04:45	06:27	06:37	08:15
	Sat	28	29	04:01	04:05	04:15	05:41	01:30	04:45	06:29	06:39	08:15
	Sun	29	30	04:59	05:03	05:13	06:39	01:30	05:45	07:31	07:41	09:15
	Mon	30	31	04:58	05:02	05:12	06:37	01:30	05:45	07:32	07:42	09:15

"Oh you who believe! Fasting is prescribed to you as it was prescribed to those before you, that you many learn piety and righteousness"
[Qur'an, al-Baqarah, 2:183]

Abu Umaamah r.a.a. said: I said: 'O Messenger of Allah, tell me of an action by which I may enter Paradise'. He said: 'Take to Fasting, there is nothing like it.'
[An-Nasaa'ee, Ibn Hibbaan, Al-Haakim, Saheeh]

Prophet Muhammad said: "Salah is a pillar of the religion (Islam). He who establishes it, establishes religion; and he who destroys it, destroys religion."
[Tabrani]

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During Ramadan

Fast

The Prophet ﷺ said: "Whoever fasts during Ramadan out of sincere faith and hoping to attain Allah's rewards, then all his past sins will be forgiven." [Sahih al-Bukhari]

Adopt Taqwa

The Prophet ﷺ said: "Fasting is a shield, therefore whoever is fasting should not resort to obscene language and immoral behaviour. If any person quarrels or abuses a person who is fasting, then the one who is fasting should say: 'I am fasting.'" [Sahih al-Bukhari]

Suhoor

The Prophet ﷺ said: "Take the Suhoor, for there is in it blessing." [Sahih al-Bukhari]

Iftaar

The Prophet ﷺ said: "My Ummah will continue to be upon good for as long as they adhere to break the fast and delay the pre-dawn meal." [Sahih al-Bukhari]

Salah

The Prophet ﷺ said: "Whoever stands in prayer in Ramadan (night prayers) with Imaan and seeking reward (from Allah), his past sins will be forgiven." [Sahih al-Bukhari]

Sadaqaah

Ibn 'Abbas رضي الله عنه said: "The Prophet ﷺ was the most generous of people, but he would be his most generous during Ramadan when he would meet with the Angel Jibreel. He would meet with him every night and recite the Qur'an. When Jibreel met him, he used to be more generous than a fast wind." [Sahih al-Bukhari]

Du'a & Istighfar

'And in the hours before dawn they would ask forgiveness.' [Surah adh-Dhariyat: 18]

The Prophet ﷺ said: "Supplications made by three people are not rejected: the father, the fasting person and the traveler." [Sunan al-Kubra al-Bayhaqi]

During Ramadan

Recitation of The Qur'an

The Prophet ﷺ said: "Whoever reads one letter of the Book of Allah will have one good deed for it, and each good deed is a tenfold reward. I do not say that Alif-Laam-Meem is a letter, rather Alif is a letter, Laam is a letter, Meem is a letter." [Sunan at-Tirmidhi]

Memorization of The Qur'an

The Prophet ﷺ said: "It will be said to the one who was devoted to the Qur'an: 'Recite and ascend; and recite carefully as you recited carefully when you were in the world, for verily your abode will be at the place of the last verse you recite.'" [Abu Dawud]

Pondering over The Qur'an

'[This is] a blessed Book which We have revealed to you, [O Muhammad], that they might reflect upon its verses and that those of understanding would be reminded.' [Surah Saad: 29]

Learning and teaching The Qur'an

The Prophet ﷺ said: "The best amongst you is the one who learns the Qur'an and teaches it." [Sahih al-Bukhari]

Last 10 Nights

The Prophet ﷺ said: "Whoever stands in prayer in Ramadan (night prayers) with Imaan and seeking reward (from Allah), his past sins will be forgiven." [Sahih al-Bukhari]

Seek Lailatul Qadr

The Prophet ﷺ said: "Seek it (Lailatul Qadr) in the last (ten nights). If one among you shows slackness and weakness (in the earlier part of Ramadan), it should not be allowed to prevail upon him in the last week." [Sahih Muslim]

Reward:

Abu Hurairah رضي الله عنه narrated that the Prophet ﷺ said: "Whoever establishes prayers during the Night of Al-Qadr with sincere faith and hoping to attain Allah's rewards (not for showing off), all his past sins will be forgiven." [Sahih al-Bukhari]

Du'a in the last 10 nights:

Aa'isha رضي الله عنها said: "I asked the Messenger of Allah ﷺ: 'O Messenger of Allah ﷺ, if I find the night of Al-Qadr, what should I say?' He ﷺ said, say:

اللَّهُمَّ إِنَّكَ عَزُوفٌ ، نُجِبُ الْمَعُوذَاتِ عَنِّي "O Allah, You are the One Pardoning, You love to pardon, so pardon me." [Sunan at-Tirmidhi]

"Oh you who believe! Fasting is prescribed to you as it was prescribed to those before you, that you may learn piety and righteousness"
[Qur'an, al-Baqarah, 2:183]

Abu Umaamah r.a.a. said: I said: 'O Messenger of Allah, tell me of an action by which I may enter Paradise.' He said: 'Take to Fasting, there is nothing like it.'
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[Tabrani]

Avoid

Leave what displeases Allah

- Lying
- Cheating
- Deception
- Jealousy
- Arrogance
- False accusations
- Bad suppositions
- Backbiting
- Slander
- Harboursing grudges
- Greed
- Selfishness
- Mocking and taunting
- Theft
- Arguments
- Screaming and shouting
- Ignoring others
- Excessive speech
- Not returning Salaam
- Always finding faults in others
- Harshness
- Hurting other people's feelings
- Pretension
- Judgmental attitude
- Borrowing & not returning things
- Laxity in personal hygiene
- Rejecting sound advice
- Interrupting others
- Not fulfilling responsibility
- Excessive Sleep
- Procrastination
- Always showing anger
- Interference in other people's personal matters

'And forbid what is wrong.'
[Surah Luqman: 17]

Gain Reward

Do what pleases Allah

- Patience
- Integrity
- Trustworthiness
- Open-heartedness
- Humility
- Speak well about people
- Forgive people
- Generosity
- Encourage & motivate to goodness
- Give charity
- Greet others with Salaam
- Gentleness
- Smile
- Take care of personal hygiene
- Give importance to others
- Show mercy
- Give good advice
- Make Du'a for others
- Accept your mistakes
- Do Istighfar
- Help others
- Take care of your parents
- Be cooperative
- Use time wisely
- Care about the environment
- Fulfill your duties
- Make Du'a
- Recite the Qur'an
- Offer your Salah on time
- Say the morning & evening supplications
- Feed others
- Busy your tongue in the Remembrance of Allah every opportunity you get!

'Race towards all that is good.'
[Surah al-Baqarah: 148]

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Madrasa

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Adult Arabic: Friday

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